



# Grange Hill House January Activity Planner

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>1<sup>st</sup> New Years Day</b> 10.30AM - Spending Time with Family & Friends  <b>NO MINIBUS TODAY</b>  2PM - Movie Afternoon with Popcorn	<b>2<sup>nd</sup></b> 10.30AM - General Knowledge Quiz  2PM - Bingo in the Lounge	<b>3<sup>rd</sup></b> 10.30AM - Carpet Boules 1.00PM - Minibus Drive to Tenbury Wells (Packed Lunch)  2PM - "Play Your Cards Right" in the Lounge	<b>4<sup>th</sup></b> 10.30AM - Dominoes in the Lounge  2PM - Exercises with Jade in the Lounge	<b>5<sup>th</sup></b> 10.30AM - Bullseye Game in the Lounge  2.00PM - Watching Songs Of Praise on the TV
<b>6<sup>th</sup></b> 10.30AM - Henry's Song Stories in the Lounge  2PM - Painting Club	<b>7<sup>th</sup></b> <i>All Day Hairdressing with Melanie</i> 10.30AM - Parachute Ball Game/Disc Throwing in the Lounge  2PM - Sit Up and GO with Amanda in the Lounge	<b>8<sup>th</sup></b> 10.30AM - Singalong with Staff  1.00PM - Minibus Outing to Marks & Spencer's in Longbridge  2PM - Colouring in Pictures	<b>9<sup>th</sup></b> 10.30AM - Pamper Morning  2PM - Scrabble & Wordsearches in the Lounge	<b>10<sup>th</sup></b> 10.30AM - Dominoes and Puzzles in the Lounge  1.00PM - Minibus Trip to Hartlebury Castle  2PM - Sweet Trolley	<b>11<sup>th</sup></b> 10.30AM - Arts & Crafts  2PM - Carpet Boules in the Lounge	<b>12<sup>th</sup></b> 10.30AM - Catching up with the News  2PM - Pantomime at Oldbury Rep "Wizard of Oz"
<b>13<sup>th</sup></b> 10.30AM - Darts & Ball Throwing in the Lounge  2PM - Knit & Natter Group	<b>14<sup>th</sup></b> <i>All day Hairdressing with Melanie</i> 11.00AM - Sing with "Phil Sayer" in the Lounge  2PM - Arts & Crafts	<b>15<sup>th</sup></b> 10.30AM - Bingo in the Lounge  1.00PM - Minibus Outing to the Black Horse - Pub Lunch  2PM - Board and Card Games	<b>16<sup>th</sup></b> 10.30AM - Flower Arranging  2PM - Penalty Shoot Out in the Lounge	<b>17<sup>th</sup></b> 10.30AM - Painting Garden Pots  1PM - Minibus Trip to Rowberry's  2PM - Skittles in the Lounge	<b>18<sup>th</sup></b> 10.30AM - Music Morning  2PM - Exercises with Jade in the Lounge	<b>19<sup>th</sup></b> 10.30AM - Sweet Trolley  2.00PM - Scrabble in the Lounge
<b>20<sup>th</sup></b> 10.30AM - Henry's Song Stories in the Lounge  2PM - Arts & Crafts	<b>21<sup>st</sup></b> <i>All Day Hairdressing with Melanie</i>  10.30AM - Wordsearches and Crosswords  2PM -	<b>22<sup>nd</sup></b> 10.30AM - Singalong with Staff  1.00PM - Minibus Drive to Himley Hall	<b>23<sup>rd</sup></b> 10.30AM - Bingo in the Lounge  2PM - Pamper Afternoon	<b>24<sup>th</sup></b> 10.30AM - Scrabble in the Lounge  1.00PM - Minibus Trip to Bewdley  2PM - Sweet Trolley	<b>25<sup>th</sup></b> 10.30AM - Reading Club  5PM - Pantomime at St Kenelms, Romsley to see Cinderella	<b>26<sup>th</sup></b> 10.30AM - Music Singalong  2PM - Exercises with Staff in the Lounge

	Painting Club					
<b>27th</b> 10.30AM - <b>Knit &amp; Natter Group</b>  2PM - <b>Scrabble and Snakes &amp;            Ladders</b>	<b>28th</b> <i>All Day Hairdressing with            Melanie</i>  10.30AM - <b>Residents Meeting in the            Lounge</b>  2PM - <b>Beetle Game</b>	<b>29th</b> 10.30AM-Beanbags and <b>Hoops</b>  1PM - Minibus Outing to <b>Severn Country Park</b> 2PM - Carpet Boules 6.30PM - Short Cross <b>Church</b>	<b>30th</b> 10.30AM - <b>Blockbusters Game</b>  2PM - <b>Bingo in the Lounge</b>	<b>31st</b> 10.30AM -Arts & Crafts  1.00PM - Minibus Trip to <b>Whitlenghe Tea Rooms</b>  2PM-Sweet Trolley	